

Vitamin E<sup>8</sup> is a whole vitamin containing 4 tocopherols and 4 tocotrienols. While many other companies offer only D-alphatocopherol in their vitamin E products, a true-potency, natural vitamin E supplement is actually a simple family of 8 active members.

## Ingredients Fach softgel contains:

Each songer contains:	200 10	400 10
Vitamin E (D-alpha-tocopherol)	200 IU	400 IU
(from non-GMO sunflower)	134 mg AT	268 mg AT
Free plant sterols		
(from non-GMO soy)	. 16.25 mg	20 mg
Providing:		
beta-Sitosterol		
Campesterol		
Stigmasterol	3.25 mg	4 mg
Tocotrienols		
(from non-GMO palm fruit)	1.58 mg	3.16 mg
Providing:		
D-alpha-Tocotrienols	24–30%	24–30%
beta-Tocotrienols	2-4%	2–4%
gamma-Tocotrienols		
delta-Tocotrienols	10–20%	10–20%
Squalene		
(from olive [Olea europaea] oil)	22.5 mg	45 mg
Mixed tocopherols		
(from non-GMO soy)	27 mg	53 mg
Providing		
alpha-Tocopherol		
beta-Tocopherol		
gamma-Tocopherol		
delta-Tocopherol		
Other ingredients: Certified organic sunflower oil, beeswax,		

200 III

400 III

**Other ingredients:** Certified organic sunflower oil, beeswax, and sunflower lecithin in a softgel made of annatto extract (in sunflower oil), bovine gelatin, glycerin, and purified water.

**200 IU:** NPN 80028487 · V0315-R4 **400 IU:** NPN 80065165 · V0316-R5



Vitamin E<sup>8</sup> Sold exclusively to finer health-food stores newrootsherbal.com/store



## VitaminE8

Get more out of your vitamin E



 Only VitaminE<sup>8</sup> contains all eight members of the vitamin E family







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## A **Healthy** Decision

**Vitamin**E<sup>8</sup> helps promote the body's defenses against virus infections. It may also build both the serum and the cellular levels of the body to high levels of immunity against flu symptoms. **Vitamin**E<sup>8</sup> is beneficial in lowering blood cholesterol, by preventing fat deposits on arterial walls. Plus, vitamins C and E work together to keep blood vessels flexible and healthy.

Adequate intake of vitamin E can help counteract the premature aging of skin

#### **Vitamin**E<sup>8</sup> also helps:

- Treat and prevent heart disease;
- Dissolve scars in the arterial walls;
- Counter the gradual decline of metabolic processes associated with aging;
- Ease headaches by preserving the oxygen in the blood;
- Increase the flow of blood to the heart; and
- Cellular respiration of all muscles.

Tocotrienols protect against the hardening of arteries by preventing oxidation of low-density lipoprotein (LDL), one of the triggering factors for atherosclerosis. Tocotrienols slow down a liver enzyme that plays a key role in the synthesis of cholesterol.

# The **Advantage** of Tocotrienols

#### VitaminE<sup>8</sup> Offers So Much More

Due to its natural sourcing, only **Vitamin**E<sup>8</sup> contains sterols and *beta-*sitosterols, which have been proven to be quite useful in treating benign prostatic hyperplasia and cholesterol problems as well as strengthening the immune system. **Vitamin**E<sup>8</sup> also has squalenes, which help retain skin moisture, heal wounds, enhance the immune system, and strengthen the body's ability to resist disease.

#### **Benefits of Vitamin**E8

Vitamin E is an antioxidant that prevents saturated fatty acids and vitamin A from breaking down and combining with other substances that may become toxic to the body. The vitamin B complex and ascorbic acid are also protected against oxidation when vitamin E is present in the digestive tract.

Vitamin E has the ability to unite with oxygen and to prevent it from being converted into toxic peroxides; this leaves the red blood cells full of pure oxygen, that blood carries to the heart and other organs.

Vitamin E plays an essential role in cellular respiration of all muscles, especially cardiac and skeletal. This vitamin makes it possible for these muscles and their nerves to function with less oxygen, thereby increasing their endurance and stamina. It also causes dilation of blood vessels, permitting a greater flow of blood to the heart. It is a highly effective antithrombin in the bloodstream, inhibiting blood coagulation by preventing clots from forming. It also aids in nourishing cells, strengthening the capillary walls, and protecting the red blood cells from destruction by poisons in the blood.

#### What are GMOs?

Genetically modified organisms are those that have had foreign DNA added to their composition, with new proteins encoded by the inserted genes. In the case of soybeans, the claim is they work as "molecular characterization," which in reality means that an unnatural gene has been inserted to ensure they are not destroyed by weed killer.

Looked at from outside of commercial interests, perils are multidimensional; they include the creation of new, "transgenic" life forms — organisms that have crossed unnatural gene lines (e.g. tomato seed genes crossed with fish genes) — that have unpredictable behaviour or replicate themselves out of control in the wild.

This can happen, without warning, inside of our bodies, creating an unpredictable chain reaction. A four-year study conducted by Hans-Hinrich Kaatz at the University of Jena in Germany revealed that bees ingesting pollen from transgenic rapeseed had bacteria in their gut with modified genes; this is called "horizontal gene transfer." Commonly found bacteria and microorganisms in the human gut help maintain a healthy intestinal flora; these, however, can be mutated.

Plants typically contain 20–40,000 genes, and the functions of the majority of these genes are not yet understood. The random nature of conventional plant breeding has resulted in potentially harmful products on a number of occasions. The question remains: Will there be an effect 20 years from now from genetically modified plants and foods?

#### **Guaranteed Non-GMO**

**Vitamin**E<sup>8</sup> is the only guaranteed non-GMO tocopherol+tocotrienol formula that is available in North America. Nearly all other vitamin E is made from soybeans that are genetically modified or contaminated from genetically modified crops.

#### Suggested Use

**200 IU:** Adults: Take 4 softgels daily with food or as directed by your health-care practitioner. Consult a health-care practitioner for use beyond 6 weeks.

**400 IU:** Adults: Take 2 softgels daily with food or as directed by your health-care practitioner. Consult a health-care practitioner for use beyond 6 weeks.